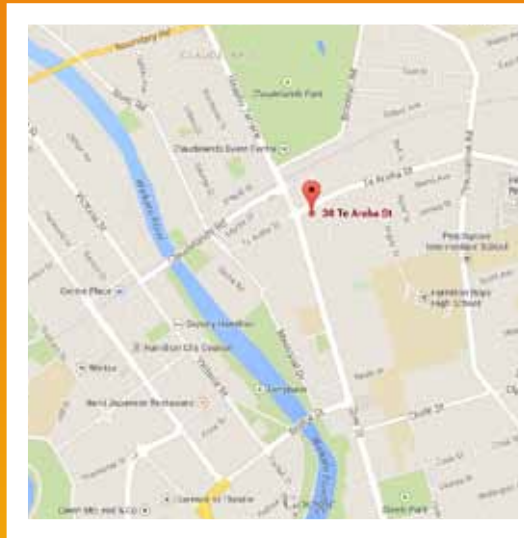




Whakatotoro ngā
huarahi pai ake
hei whakatipu
whānau hauora

Offering better
solutions for
building well
whānau

Pai Ake Solutions Ltd
TIKOURAHI
30 Te Aroha Street, Hamilton East 3216
PO Box 5631, Frankton, Hamilton 3204



Phone: 07 853 2533
Fax: 07 853 2541
or: 0800 PAI AKE (724 253)
From cellphone: MSD Information Line
0800 211 211
(Ask for Pai Ake Solutions and
your call will be transferred to us)
Email: info@paiake.co.nz
Website: www.paiake.co.nz



Pai Ake Solutions Ltd

better
solutions,
well
whānau



Pai Ake Solutions...

offers opportunities to whānau to kick start their journey towards wellness and guide their way to achieving their goals and aspirations. Pai Ake Solutions staff work outside the square to support whānau (family) to rekindle their Mana (power) and make positive decisions within themselves and their whānau.

What can we offer you?

Te Ariari O Te Oranga

One-on-One/Whānau (family) interventions (*Alcohol and/or Other Drug and Co-existing Problems*).

Te Ariari O Te Oranga takes an Assertive Community Outreach (ACO) approach to working with whānau (family), which involves:

- Promoting active participation and engagement;
- Engaging whānau at flexible times and locations;
- Working collaboratively with significant others;
- Working from a wellness model;

What can you expect to happen?

- *Assessment*: spending time to get a better understanding of your past and present situation and plans for your future;
- *Setting goals*: from information gathered during the assessment process, a range of goals are developed and reviewed regularly;
- *Whānau centred practice*: Working with other important people in your life to strengthen these relationships;
- *Working with other support services*: working collaboratively to ensure your needs are being met effectively.

We offer individual/whānau (family) group initiatives aimed to strengthen men, women, rangatahi (youth), tamariki (children) and whānau (family) while allowing them to journey at their own pace. The group programmes include:

- **Alcohol and Other Drug Education (AODE)**

Education group on substance and behavioural addictions.

- **Te Hikoi O Nga Tane - The Men's Walk**

Men's Programme.

- **Te Ara Wahine - The Journey of Women**

Women's Programme.

- **Whanake - Evolution**

Youth Programme.

Other services...

Pai Ake Solutions also offers **Whakakaha te Whānau**. These are fee based services such as one-on-one counselling with individuals and/or whānau (family) addressing issues such as relationships; grief and loss; men's and women's issues; life stresses such as separation and blended families. Please enquire for more information and associated costs.



As professionals, what can we offer your service?*

Pai Ake Solutions also offers professional development workshops and other training for those working in the community with whānau. These include:

- Working effectively with men in the community;
- Understanding, identifying and addressing alcohol and drug use problems;
- Brief Interventions for Alcohol and Drug use problems (Adult and Rangatahi);
- Working with parents with co-existing mental health and alcohol and drug use problems (Whānau Ora and Tamariki wellbeing)

**Application is required and fees are applicable.*

The Pai Ake Solutions whānau are committed to you and your whānau's wellbeing. We have a diverse team of staff with extensive qualifications and a vast range of skills and strengths based in Hamilton and other outlying areas.

For more information on our services and referral queries please contact our Triage Coordinator.

Phone: 07 853 2533 or
0800 PAI AKE (724 253)
Extension #1 #1

Email: referrals@paiake.co.nz
Website: www.paiake.co.nz